Stricture and Bowel Obstruction Summary

Intestinal strictures often result from a build up of scar tissue caused by inflammatory bowel disease (particularly Crohn’s disease). Bowel blockage is also associated with an overgrowth of bad bacteria (viruses, parasites, fungi, candida, etc.) in the small intestine.

An intestinal obstruction, or bowel obstruction, is a partial or complete blockage of the intestine or colon, stopping or slowing the movement of the contents of the bowel through the digestive tract. Common causes of bowel obstruction are strictures, hernias, tumors, impacted feces or a malfunctioning or twisted bowel.

In severe cases, the strain of trying to force the contents of the bowel through an intestinal blockage can weaken parts the bowel and cause it to rupture, or perforate. A perforated bowel is a serious and dangerous condition that can cause shock and widespread infection. Perforated bowel symptoms include fever, a very rigid abdomen, severe shaking or shivering, and constipation.

Bowel Blockage Treatment

• A topical stricture treatment (composed of DMSO and aloe vera, followed by a hot castor oil pack) to soften your intestinal stricture, and to help clear any blockage.
• An elemental liquid diet to flush a bowel or colon obstruction and rest the bowel.
• Natural antibiotic and antibacterial treatment for infection (such as Jini’s Wild Oregano Oil Protocol).
• High dose probiotic supplementation to eliminate pathogenic microorganisms like yeast, fungus, parasites, and bad bacteria.
• Healing substances such as aloe vera juice, N-acetyl glucosamine, essential fatty acids, L-glutamine or MucosaHeal to reduce intestinal Inflammation and repair the intestinal wall.
• Bodywork treatment such as craniosacral therapy to soften and relax scar tissue to help release the bowel blockage.

Complete instructions for treating intestinal stricture and bowel obstruction can be found in Jini Patel Thompson’s first book on healing inflammatory bowel disease (IBD) and irritable bowel syndrome (IBS), Listen To Your Gut.

For full details and instructions, including dosages, please see our website: www.ListenToYourGut.com